

**AGREEMENT FOR PERSONAL TRAINING SERVICES**

**I. Contact Information (Please Print)**

Name- Last                      First                      Birthday                      Age      (      )Home Phone

Current Mailing Address                      City                      State      Zip      (      )Day Phone

Present address if different from above                      City      State      Zip

Contact person in case of emergency                      Relationship                      (      )Phone

**II. Personal Fitness Commitment**

In consideration of my own personal needs, I, \_\_\_\_\_, hereby agree to enter into a personal training agreement with \_\_\_\_\_ and agree to commit the time and energy necessary to accomplish my goal as written and reviewed.

**III. Terms**

Today's date is \_\_\_\_\_

This agreement will begin on \_\_\_\_\_ and end on \_\_\_\_\_

This agreement is for \_\_\_\_\_ to provide personal training services for: \_\_\_\_\_ sessions, at \_\_\_\_\_ sessions per week, for \_\_\_\_\_ weeks

**IV. Payment**

1. All payments for services shall be made payable to \_\_\_\_\_.
2. First payment of \_\_\_\_\_ shall be due \_\_\_\_\_.
3. Monthly payment, due the first of each month, shall be \_\_\_\_\_.
4. Total payment due during the term of the agreement \_\_\_\_\_.

**V. Rescheduling, Interruption of Services, and Cancellation**

A. Rescheduling of any session requires a minimum 24-hour notice to avoid charges for that session.

B. Interruption of service requires a written request to \_\_\_\_\_ stating reason for interruption and anticipated continuation.

Except in circumstances of emergencies, a minimum 15-day notice is required to avoid charges for pre-scheduled appointments.

C. Cancellation of services requires 30-day notice to avoid charges for sessions already scheduled.

D. If any reason of death or permanent disability, the participant is unable to complete training program, he/she shall be relieved of the obligation of making payment other than for services performed prior to death or onset of disability.

**VI. Renewal of Agreement**

A. Participant shall have the option to renew agreement under similar or new terms within 30 days of termination of agreement. Costs for services will remain in effect for duration of agreement.

**VII. Guarantee of Services**

